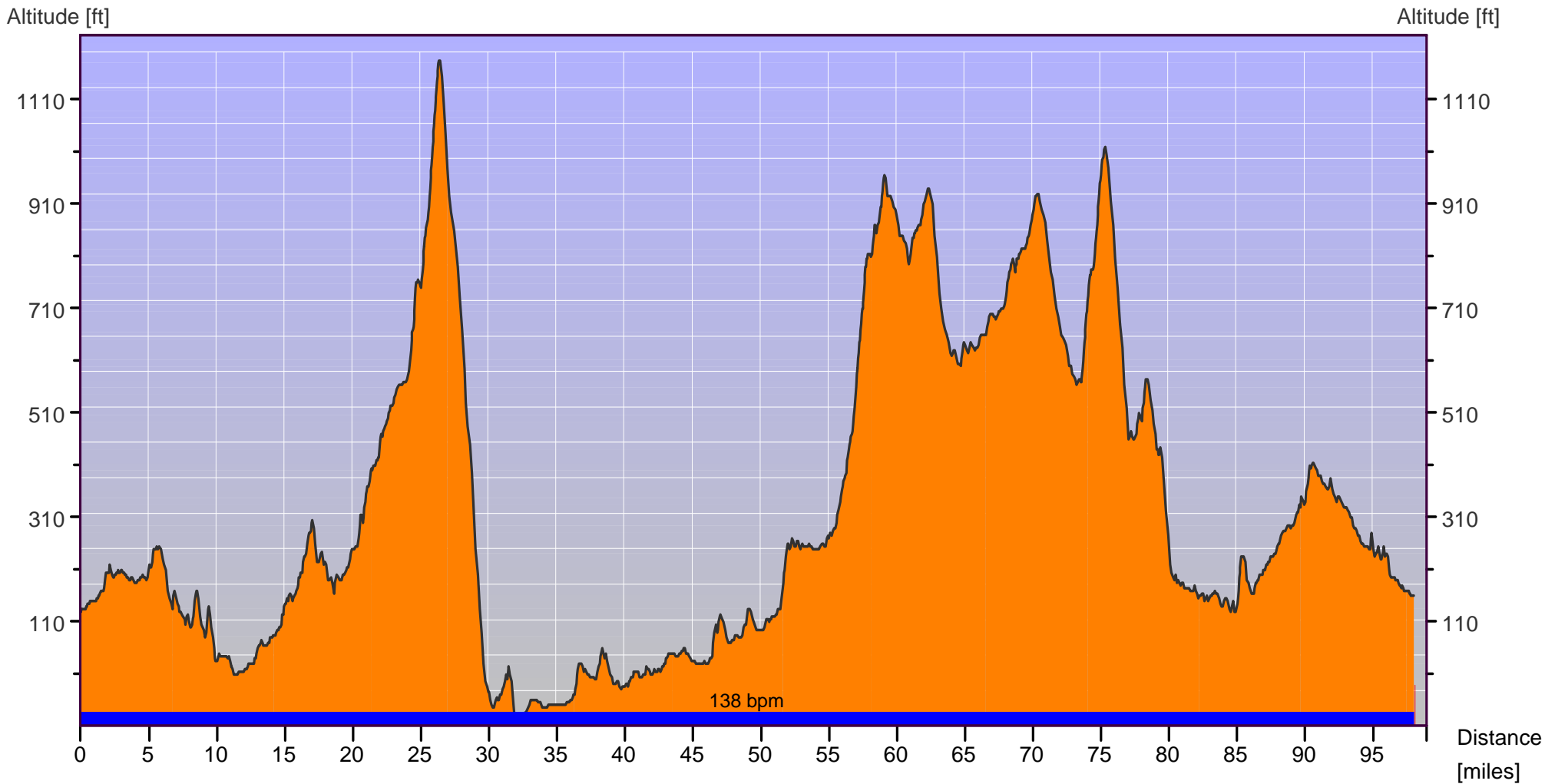


Curve



Person	Ron Bolds	Date	3/18/2007	Heart rate	138 / 163		
Exercise	Century - Justin	Time	8:20:27 AM	Speed	18.5 / 43.3		
Sport	Cycling	Duration	5:17:45.2	Cadence	79 / 120		
Team	Team Hamana	Distance	98.1 miles				
Note				Ascent	4721		
				Selection	0:00:00 - 5:17:45 (5:17:45.0)		